

Tips for Students: How You Can Be in Charge

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- **Eat Breakfast before You Leave Home**
- **Get Enough Rest.**
- **Arrive Five minutes Early to Class. Leave home with Plenty of Time to get Through Traffic, and Park Your Car.**
- **Be Prepared: Have Paper, Pen, Textbooks.**
- **Do Your Homework at the Same Time Each Day.**
- **No Time for Excuses? Take a Brisk Walk on Campus.**
- **Make Friends. Find a Buddy.**
- **Eat Lunch or Take Breaks with Other Students.**
- **Form a Study Group.**
- **Questions? Ask Faculty or Other Staff.**
- **Problems in Class? If You Have Difficult Concentrating or Understanding the Coursework, Tell Your Instructor. They Want You to Succeed and Will Help You.**
- **Do It Now! Perfectionism Leads to Procrastination. Do Your Work. Turn it in. Ask for Help if You Need It.**